

AoR Covid-19 Risk Assessment – complete before each treatment



Date:

Client name:

Therapist name:

Therapist signature:

About your Client:	
Are they showing any signs of the Coronavirus? Including:	Yes / No
<ul style="list-style-type: none">• A high temperature – they feel hot to touch on their chest or back• A new, continuous cough – they have started coughing persistently• Loss or change to sense of smell or taste• New marks, rashes, spots, bumps, or other lesions on their skin or toes <p><i>Check https://www.gov.uk/coronavirus for current list of symptoms</i></p>	
Have they been in contact, in the last 14 days, with someone who has been diagnosed with or suspected of having the Coronavirus or been contacted by NHS Track & Trace team and advised to self isolate?	Yes / No
If either of these are yes, do not treat the client at this time	
Are they defined by the Government as being at extremely vulnerable and shielding? (those with an NHS letter or contacted by their GP)	Yes / No
<p><i>These include those with the following conditions: weakened or compromised immune systems, transplants, severe lung conditions, severe asthma, severe COPD, born with serious heart condition or are pregnant, etc.</i></p> <p><i>See: https://www.nhs.uk/conditions/coronavirus-covid-19/people-at-higher-risk-from-coronavirus/whos-at-higher-risk-from-coronavirus/</i></p>	
Do not treat your client unless you have medical agreement to treat	
Is your client defined by the Government as being vulnerable?	Yes / No
<p><i>These include those with the following conditions: Pregnancy, being elderly (over 70), long term conditions such as diabetes, non-severe lung conditions, heart conditions, etc. This list may change, see: https://www.nhs.uk/conditions/coronavirus-covid-19/people-at-higher-risk-from-coronavirus/whos-at-higher-risk-from-coronavirus/</i></p>	
Check current Government guidance and check the AoR 'Can I treat' flow chart	
Government guidelines: https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people	

About you:	
Do you have symptoms of the Covid-19 outlined above?	Yes / No
Have you been in contact, in the last 14 days, with someone who has been diagnosed with or suspected of having the Coronavirus or been contacted by NHS Track & Trace team and advised to self isolate?	Yes / No
If yes to either of the 2 questions above you will need to:	
Contact 111 to arrange a test and follow government guidelines for self-isolation for 14 days. https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection	
You will not be able to treat clients during this time.	
Review your own health, and that of your household. Do you/they fall in to the shielded or vulnerable categories?	Yes / No
Check current Government guidance and check the AoR 'Can I treat' flow chart and assess whether or not you wish to treat this client at this time	
https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people https://www.nhs.uk/conditions/coronavirus-covid-19/people-at-higher-risk-from-coronavirus/whos-at-higher-risk-from-coronavirus/	

About Travel:	
Will you or the client have to travel on public transport to the clinic, or your client's home, or be subject to any other situation which might lead to you being exposed to Covid-19?	Yes / No
<i>If you or your client travel on public transport you should consider if either are in the vulnerable categories. Both you and the client must be happy for treatment to proceed.</i>	

If after all of the above considerations, you feel you are able to treat, you must follow the latest hygiene guidelines which are of paramount importance.

Decision & Reasons: